

KURSPLAN

MONTAG

Rehasport
09:00 - 09:45
Marie / Nico

Rehasport
10:00 - 10:45
Nico

Pilates*
17:00 - 18:00
Bianca

Pilates*
18:15 - 19:15
Bianca

DIENSTAG

Rehasport
09:00 - 09:45
Nico

Rehasport
10:00 - 10:45
Jana

Rehasport
11:00 - 11:45
Jana

Rehasport
16:30 - 17:15
André

Rehasport
17:30 - 18:15
André

Rehasport
20:00 - 20:45
André

MITTWOCH

Rehasport
09:00 - 09:45
Axel / Jana

Rehasport
10:00 - 10:45
Axel / Jana

Pilates*
16:30 - 17:30
Bianca

Escrima*
18:00 - 19:00
Andreas

WingTsun*
19:00 - 20:00
Andreas

DONNERSTAG

Rehasport
09:00 - 09:45
Marie / Jana

Rehasport
10:00 - 10:45
Axel / Nico

Rehasport
11:00 - 11:45-
Marie / Jana

Rehasport
16:30 - 17:15
André

Rehasport
17:30 - 18:15
André

WingTsun*
18:30 - 19:30
Andreas

Rehasport
20:00 - 20:45
André

FREITAG

Rehasport
09:00 - 09:45
Jana

Rehasport
10:00 - 10:45
Nico

Rehasport
17:00 - 17:45
André

Escrima*
18:00 - 19:00
Andreas

WingTsun*
19:00 - 20:00
Andreas